

January 18th, 2023

Remind & Instagram

Upper Chapter Remind: **@phuupper23**Lower Chapter Remind: **@phulower23**

Competition Remind: @comphosa22

Instagram: @phuhs_hosa



Attendance & Points

To be an official member at the end of the year you must meet the point requirement!

Lower Chapter: 10 points

Upper Chapter: 15 points



Regionals Information

Location- Middleton High School 4801 N 22nd St, Tampa, FL 33610

- Arrival- 7:45 @PHU Bus Circle
- Opening Ceremony- 9:00-9:30 AM
- Competitions- 10:00 AM-4:00 PM
- Closing Ceremony- 4:00-5:00 PM

Regionals Checklist

- ✓ HOSA Uniform (or scrubs for certain events)
- ✓ HOSA Pin
- ✓ Food (bring lunch or money for food trucks)
- ✓ Printed copy of competitive event guidelines
- ✓ Supplies required for your event (listed in event guidelines)
- ✓ Laptops and chargers for presentations
- ✓ Official HOSA Binder (if needed for event)

HOSA Uniform



- Navy Blue or Black Suit
- Navy Blue or Black
 Pants/Knee Length Skirt
- White Collared Shirt
- Navy Blue or Maroon Tie (men)
- Navy Blue or Black Closed toed shoes
- HOSA Pin

State Leadership Conference Information

Dates: April 13-16

<u>Location</u>: Marriott Orlando World Center

Cost: \$250

<u>Due</u>: January 29th

***Revtrak will be open for payments immediately after Regionals



Healthcare Issues Finalists

Kelly Byrne

Christian Strayer

Kennedy Bolen

Trevor Stinson

Thomas Brown

Rae Daniels

Martin Mertiri

Chase Pate

Briana Pate

All competitors on this list automatically advance to State competition!! Congratulations!

HOSA Service Project

What is Be the Match?

- Be the Match is a part of the National Marrow Donor Program, which is a nonprofit organization.
- Be The Match is a global leader in bone marrow transplantation and connects patients with their donor match for a life-saving marrow or blood stem cells!



HOSA Service Project

- If you would like to help with the HOSA Service Project please fill out this form!!
- You will receive medical hours for helping out, and opportunities will be sent out via Remind to those who are interested!
- You do NOT have to be in a competitive event to help with this project!





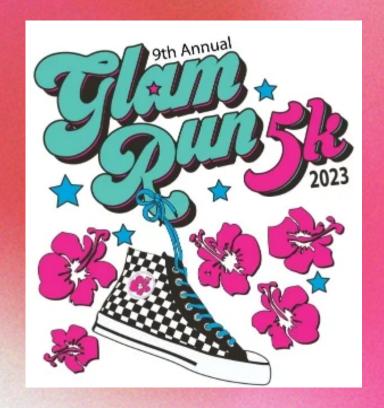


Glam Run Information

- <u>Date</u>: February 11th @8:00 AM
- Packet Pick Up: February 9th @5-8:00 PM

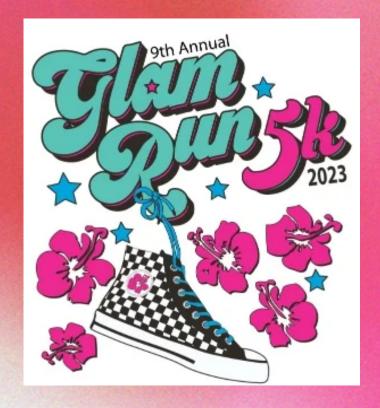
Or
Student and Teachers pickup @PHU during lunch

• <u>Price</u>: 1-mile **\$20.00**; 5k **\$30.00**



Glam Run Information

- There will also be an opportunity for medical seniors to get in teams of 5 (with 10 captains) and run together with Mr. Larson!
- There will be fun games at each checkpoint of the rum, and it will be a competition between teams!
- Students doing this will have a fee of only \$10.00!



Glam Run Volunteering

- There are many volunteer opportunities available for those of you who are not running!
- You will receive medical hours for volunteering at the glam run and hours will be given according to your shift!





HOSA/NTHS Scholarship

- Amount: \$1,000
- Eligible applicants must be a dues-paying member of both organizations and the requirements and criteria are decided by HOSA.
- You can find the application on both the NTHS and HOSA website!

Links and more information will be sent out on the Remind!

Kimberly Home Letter

The Kimberly Home has given us a thank you letter for all our generous donations! Thank you to everyone who donated!

Attendance

Please fill this form out in the next 15 minutes for your attendance to count!



